



Kobe Osaka UK

ANNUAL TRAINING COURSE & GRADING

Now that the Kobe Osaka International Training Camp and World Championships are held abroad, we hold an annual course and grading at home for those club members who are unable to travel. This means that you still have the opportunity to train with other Kobe Osaka clubs and instructors and to meet and make new friends. At the course on Saturday 12th May we'll help you improve your kihon, kata and kumite skills and as well as practicing self-defence, you'll have the chance to try the exciting new competition rules which Sensei Tommy Morris helped develop for the World Karate Federation. There will also be a grading held after the course. Those who pass will receive Tommy Morris's personal grading certificate to mark the occasion. There's sure to be a big demand as always, so get your application in now and don't be left out. Sign-up and pay in advance and get the special course participation certificate with your name on it presented at the end of the course, but only if you pay in advance. Join us and have an enjoyable day!



Programme

- 0930-0945 Registration for late entries
- 1000-1215 Training Course
- 1215-1315 Lunch Break
- 1315-1530 Training Course
- 1530-1545 Presentation of Course Certificates & Photographs
- 1600-1800 (approx) Grading & Results

There's a cafeteria and swimming pool at the Sports Centre, but you can bring a packed lunch with you if you prefer.



Linlithgow Leisure Centre
McGinley Way
Linlithgow
EH49 6SQ

Saturday 12th May 2012
9.30am till 4.00pm (6pm if Grading)
Course Fee & Participation Certificate
 £22.00 if paid in advance — £25.00 if paid on the day
 Usual Grading Fees & Conditions Apply

In the interests of child safety and security no spectators are allowed in the training hall during the course. Parents are asked for their understanding. There will be ample opportunity to take photographs at the start and end of the course and at the certificate presentation.

All training by KOI instructors & supervised by
Tommy Morris 8th Dan
 Chief Instructor Kobe Osaka International

Keep up to date with what's happening in Kobe Osaka International, Scotland's biggest karate organisation by visiting us at www.kobe-osaka.com or check out Kobe Osaka Scotland's new web site at www.kobeosakascotland.com for all the latest news.

Give this slip with your payment to your Club Instructor before 5th May. All boxes must be completed & form signed

Name <input style="width: 90%;" type="text"/> <i>(Please print your name as you would like it to appear on your certificate)</i>	Licence No <input style="width: 90%;" type="text"/> Tel No <input style="width: 90%;" type="text"/> Club <input style="width: 90%;" type="text"/>
Address <input style="width: 90%; height: 40px;" type="text"/>	

I want to take a grading my present grade is

Bring your protective gear, punch pads, and if you want to take a grading, your licence!

Karate training and competition by its nature carries the risk of injury. In signing this form I fully understand and accept that risk and absolve KOI and its servants of all responsibility for any injury or loss howsoever sustained.

Applicant's Signature

This Box for Instructor Use Only

Course Fee Paid £	Grading Fee Paid £	Total Amount Received £
Date Received	Card Issued	Signed